

## Resources

### Books/Reports/Fiction

Butler, Octavia E. *Parable of the Sower*. An horrific portrait through the eyes of a young girl of a grim future created by climate change and social problems. She holds out hope for survival through her new evolving philosophy.

Christie, Michael. *Greenwood*. A novel about trees, climate catastrophe and a multi-generational family.

Climate Access. [What do Canadians Really Think About Climate Change?](#) Report into the most recent public opinion research on climate change in Canada, 2021.

Dembicki, Geoff. *The Petroleum Papers: Inside the Far-Right Conspiracy to Cover Up Climate Change*. Draws from hundreds of confidential oil industry documents. Covers the role of Canadian politicians and the tar sands.

Hayhoe, Katharine. *Saving Us: A Climate Scientist's Case for Hope and Healing in a Divided World*. "A must-read if we're serious about enacting positive change from the ground up, in communities, and through human connections and human emotions." —Margaret Atwood, Twitter. Also [Saving Us Reading Circle Guide](#).

Henson, Robert. *The Thinking Person's Guide to Climate Change*. 2nd ed., 2019. Produced by a well-respected atmospheric science organization, a must-read for anyone looking for the full story on climate change.

Hernandez, Jessica. *Fresh Banana Leaves: Healing Indigenous Landscapes through Indigenous Science*. Promotes the concept of the enduring relationship between Indigenous peoples and place as one of mutual interdependence, and as a way for all of us to come back into good relations with nature.

Johnson, Ayana Elizabeth and Wilkinson, Katharine Keeble, eds. *All We Can Save: Truth, Courage, and Solutions for the Climate Crisis*. This anthology is a collection of the diverse voices of women - the ones on the front line of the climate-change battle - who are taking leadership and calling for action on climate change.

Klein, Seth. *A Good War : Mobilizing Canada for the Climate Emergency*. A blueprint for transforming our economy and politics for a zero-carbon future.

Kopecky, Arno. *The Environmentalist's Dilemma : Promise and Peril in an age of Climate Crisis*. How should we engage with the climate crisis?

Marshall, George. *Don't Even Think about it : Why our Brains are Wired to Ignore Climate Change*. Explains all the many reasons people do not immediately get on board to avert the climate crisis. Ends on a note of hope.

Maslin, Mark. A. *How to Save Our Planet: The Facts*. Facts and solutions to the climate crisis.

Moore, Kathleen Dean. *Take heart: encouragement for Earth's weary lovers*. Words to encourage discouraged environmental activists.

Robinson, Kim Stanley. *Ministry for the Future*. A grim but ultimately hopeful novel imagining life in the next twenty years, by a prominent sci-fi writer.

Salamon, Margaret Klein. *Facing the climate emergency : how to transform yourself with climate truth*. Shows readers how to use their feelings of fear, grief, and powerlessness to motivate collective change.

Thunberg, Greta. *The climate book: the facts and the solutions*. Includes the wisdom of over one hundred experts to give us the knowledge we need to combat climate disaster. Thunberg also shares her own stories of demonstrating and uncovering greenwashing around the world.

Turner, Chris. *How to be a climate optimist: blueprints for a better world*. The author details the worldwide projects he has come across in the last 20 years which are finding solutions to the climate crisis.

White, Heather. *One green thing : Discover Your Hidden Power to Help Save the Planet*, 2022. 60 short essays on ways to make life greener, designed to help us think about our personal legacy and how to visualize a good future, despite feelings of climate dread.

Zeitoun, Mary-Lou. *Jamilah at the End of the World*. A teen's novel about a seventeen-year-old who struggles with climate anxiety and ultimately finds hope in collective action.

## **Videos/TV**

[How to turn climate anxiety into action](#) TedTalk by Renée Lertzman

[Does messaging with fear really work?](#) By Katharine Hayhoe. 8 min.

Occupied (*Netflix*) - a Norwegian political thriller which imagines what would happen if a newly elected environment-friendly Norwegian government stops oil and gas production in the North Sea, and is then occupied by Russia on behalf of the European Union.

Borgen: Power & Glory (*Netflix*) - the standalone fourth season of Danish political drama, Borgen. Imagines how a green politician and Foreign Minister (as well as other countries) respond to the fact that oil has been discovered in Greenland (a Danish dependency), when the party policy is no more drilling for oil.

[The Secret Ways The Oil Industry Brainwashes You | Smog + Mirrors](#)

YouTube video. 18 min.

## Documentaries

- **Before the Flood** (2016) 1hr36 min.

Disney+ | Director: Fisher Stevens. Leonardo DiCaprio searches for answers on the issue of climate change.

- [Lady of the Gobi](#) (2022) 25 min.

On Mongolia's coal mining highway, Maikhuu dreams of a better life and financial security for her family. The more she drives her truck up and down this perilous highway the more she realizes she is working for the very industry that is destroying Mongolians' land-based livelihoods, and forcing many into the highway industry. The road is riddled with accidents, toxic pollution, poor hygiene and corruption, and she is left wondering if the financial gain is worth the cost.

- [Sam and the Plant next door](#) (2019) 23 min.

Sam, 11, is always being told not to worry about the nuclear power plant rising next door, but for him there is lots to think about. Hinkley Point C will be Britain's largest nuclear plant, and it's only two miles away. Most of his classmates expect to work at the plant but Sam is determined to escape that fate. His dream is to protect the surrounding marine life.

- [The Return](#) (2021) 17 min.

A family reconnects with the Amazon as Covid threatens their village. While millions of people around the world go into lockdown amid the

coronavirus crisis, a family in the Ecuadorian Amazon opts to move deeper into the relative safety of the jungle. As they reconnect with dormant ancestral knowledge, away from the distractions of modern life, their affinity with nature begins to flourish. As news spreads that Ecuador might lift lockdown soon, will the family stay?

- [Years of Living Dangerously](#) Content from educators to help people address climate change.

**App:** a web app that helps users explore how their values and personal interests are being affected by climate change. [Climate Mind](#)

**Definitions:** CBC's What on Earth? [Climate Glossary](#)

**Newsletter:** [Gen Dread](#): A newsletter about staying sane in the climate crisis

**Blog from Ontario Nature:** [Navigating Eco-Anxiety](#)

**Podcasts:**

- CBC's [What on Earth?](#) "is on a mission to move and challenge you to think about climate change in new ways by hunting down climate solutions, kicking the tires on them, and injecting some hope. We step up to relieve you of the existential dread you might feel — because here's the good news: you are part of the solution."
- Rob Hopkins's podcast: [From What If to What Next](#) For hopeful actions people are taking. Now paid subscription to help the work of his organization (which includes Canadian groups of people who come together to transform their area).
- [Outrage and Optimism](#), a podcast from former UN Chief Christiana Figueres which aims to inform, inspire, and help you realize that this is the most exciting time in history to be alive
- [Mothers of Invention](#), a podcast on feminist climate change solutions from (mostly) women around the world hosted by Ireland's first female president Mary Robinson and comic Maeve Higgins.

## **Amnesty Resources**

[Resources for Educators](#)

[Personal electricity audit](#)

### **Comic books**

[Recharge our rights comic book](#) description, actions and link to various formats.

[Stop paving over our rights comic book](#) description, actions and link to the comic itself.

### **A toolkit from 350.org Canada:**

[Resources Guides, templates, visuals and resources to help you organize against the climate crisis](#)