

A portrait of Sai Zaw Thaike, a man with dark hair, wearing a blue t-shirt with a white camera icon. He is carrying a black bag with 'SPAC' written on it. The background is a light blue world map with a grid of dashed lines.

**WRITE
FOR
RIGHTS**

AMNESTY
INTERNATIONAL



LOCKED UP AND BEATEN FOR HIS JOURNALISM

Sai Zaw Thaike

📍 Myanmar



SAI ZAW THAIKE

Myanmar



Journalism is an extremely dangerous profession in Myanmar. More than 200 journalists have been imprisoned by the military since they took power in 2021. At least seven have reportedly been killed. Media outlets have been banned and forced into exile.

Despite this danger, when Cyclone Mocha slammed into Myanmar in May 2023, photojournalist Sai Zaw Thaike travelled undercover to Rakhine State, determined to report on the devastation.

He embedded himself with a relief team. But after a week there, Sai Zaw was arrested. He was interrogated, beaten and in September 2023, sentenced by a military tribunal to 20 years in prison with hard labour. His trial lasted just one day.

Sai Zaw should be able to report freely. He should also be at home, spending time with his family and doing the things he loves, like playing football, watching Manchester United and seeing friends. He should be caring for his cats who he adores.

Instead, he is locked up. He has endured beatings by prison staff and periods of solitary confinement.

Demand that Myanmar's military immediately release Sai Zaw Thaike.

WRITE TO THE MYANMAR MILITARY JUNTA

Demand that the military release Sai Zaw Thaike immediately. He has been sentenced to 20 years in jail solely for his work.

ADDRESS: Myanmar military junta
c/o Myanmar embassy or consulate in
your country, or a country near you

SALUTATION: To the Myanmar military junta
EMAIL: sacministry1234@gmail.com
www.sacministry.gov.mm/en/contact-us
www.seniorgeneralminawunghlaing.
com.mm/en/contact/

HELP KEEP SAI ZAW'S SPIRIT STRONG

Send him your messages of friendship and hope. You could include drawings of cats (Sai Zaw has several) to accompany your message.

ADDRESS: Sai Zaw Thaike
c/o Amnesty International
East and Southeast Asia and
the Pacific Regional Office
M. Thai Tower
All Seasons Place
87 Wireless Road
Lumpini, Phatumwan
Bangkok 10330
Thailand

FACEBOOK: www.facebook.com/myanmarnownews
X: @Myanmar_Now_Eng
INSTAGRAM: myanmar_now
HASHTAGS: #FreeSaiZaw, #FreeSZT, #W4R25